



Mini Movers Parent-Tot Dance (ages 18-36 months, or early walkers)

Wednesdays 10-10:30 Corey Saturdays 9-9:30am - Katelyn \* waitlist

With your help, your little one will master skills like balancing and jumping as well as have an introduction to basic dance vocabulary –all while dancing with his or her favorite partner, you!

On My Own Combo Class ballet & tap (ages 2.1/2 to 3.1/2)

Wednesdays 12:30-1:10pm - Corey Saturdays 9:40-10:25am - Katelyn

For little ones who are ready to try a class without their grown-ups! This class will be imagination based and will reinforce developing coordination, balance, and gross motor skills while exploring beginning ballet and tap dance. A fun first step into an independent dance class!

Crafty Kids! (ages 3-5)

Mondays - Melanie 3:15-4pm

This art exploration class will feature a new theme each week! The kids will create a new fun craft project and then play fun dance games around that theme!



## PRESCHOOL AGE DANCE - CONTINUED

Dance FUNdamentals Combo Class - ballet, tap, jazz (ages 3 1/2 to 5)

Mondays from 4:30-5:45pm - Katelyn Tuesdays 11:15-12:30pm - Corey Wednesdays 1:30-2:45pm - Corey Fridays 1-2:15pm - Corey Saturdays 11:45-1pm - Katelyn Wednesday jazz & ballet 4:15-5:05 -Rebecca

This class is an exploration of ballet, tap, and jazz/hip-hop, with the focus on FUN! Each class will be centered around and imaginative theme & will encourage proper dance technique plus lots of individuality & creativity!

> Books N Ballet (ages 3-5)

**Books N Ballet** Fridays 4:35-5:05pm - Sari

Books N Ballet uses pretend-play to keep little imaginations engaged.! Each class begins with a story or poem, whose theme is then incorporated into the rest of class. We learn the basics of ballet, focusing on the joy of movement while building strength, balance and control.

Acro & Tumbling 1

Mondays 4:15-4:45pm - Amanda

(ages 4-7)

This class will introduce the basics of acrobatics and tumbling! The dancers will work on strength and flexibility building in addition to skills like bridges, somersaults, handstands & more.

Boys' Bust-A-Move 1

Sundays 12:05-12:35pm - Paige

(ages 4-6)

Using upbeat kid-friendly pop music, the dancers will rock out to their favorite tunes! The class will focus on the basics of jazz and athletic hip-hop inspired steps. The students will work on coordination, flexibility, and sequencing.





Dance Elements Classes (ages 5-8) **Dance Elements -Tap, Ballet & Jazz Combo** Tuesdays 4:15-5:30pm - Corey Fridays 6:15-7:30pm - Sari

**Dance Elements - Tap & Jazz Combo** Saturdays 10:35-11:35am - Katelyn

Ballet Elements Saturdays 10-10:30am - Rebecca

The dancers will learn the fundamentals of ballet, tap, and jazz/hip-hop, with the focus on FUN! A perfect class for dancers who are new to dance or have taken our preschool age dance program -this is the next step in learning proper dance technique!

Acro & Tumbling 2-3 (ages 7 & up)

Mondays 4:55-5:35pm - Amanda

This class will build on the acrobatics and tumbling learned in Level 1 The dancers will work on strength and flexibility building in addition to skills like cartwheels, walkovers, & more. Prior acro or gymnastics experience is required.

Boys' Bust-A-Move 2 (ages 7 & up) Fridays 5:25-6:25pm - Paige

The class will focus on the elements of jazz and athletic hip-hop inspired steps, with an introduction to different styles of hip hop, including basic breakdancing. The students will work on coordination, flexibility, conditioning and strength-building.





Dance Foundations Combo Classes (ages 6-10)

### **Tap & Jazz/Hip Hop Foundations**

Mondays 5:55-6:55pm - Katelyn Tuesdays 4:20-5:20pm - Allie Wednesdays 4:10-5:10pm - Allie Saturdays 1:20-2:20pm - Katelyn (\*waitlist)

## **Jazz & Hip Hop Foundations**

Fridays 6:30-7:30pm - Paige

#### **Tap Foundations**

Fridays 5:30-6pm - Sari Fridays 5:05-5:25pm - Sari (boys only class)

#### **Ballet & Lyrical Foundations**

Wednesdays 5;15-6:15pm - Rebecca Saturdays 12:15-1:15pm - Rebecca

Foundations level classes are for students with prior dance experience or newer dancers who are on the older end of the age range. Using imaginative elements and individual creativity, the Foundations classes will build a strong basis of tap, jazz, ballet, lyrical & hip hop skills.





Dance
Explorations
Classes
(ages 8 & up,
with experience)

## **Jazz & Hip Hop Explorations**

Wednesdays 5:20-6:15pm - Allie

### **Tap & Jazz Explorations**

Thursdays 6:10-7:35pm - Corey/Allie

## **Tap Explorations**

Thursdays 5:20-6:05pm - Corey

## **Ballet Explorations**

Wednesdays 6:25-7:10pm - Allie Saturdays 10:35-11:20am - Rebecca

## **Lyrical Explorations \***

Wednesdays 7:20-8:05pm - Allie Saturdays 11:25-12:10pm - Rebecca

\*requires enrollment in a ballet class

Explorations level classes are for students with significant prior dance experience or teen dancers who are newer to dance. The Explorations level classes will build on dance technique and vocabulary learned in the Foundations level, and the dancers will begin to explore the concepts behind different ways of moving. The classes will include new elements as well as repetition and review of past skills for mastery, speed, and control. Dancers will work to increase, strength, flexibility, balance, and control.



# MIDDLE SCHOOL, HIGH SCHOOL, & ADULT DANCE

Dance
Accelerations
Classes
(ages 11 & up,
with extensive
experience)

#### **Ballet Accelerations**

**Level 1** (ages 11 & up) Mondays 7-8pm - Amanda Wednesdays 6:30-7:30pm- - Rebecca

# **Stretch-Strengthen-Prepointe**Mondays 6:20-6:50pm - Amanda

Wednesdays 7:35-8:05pm - Rebecca

### **Level 3 (ages 16 & up)**

Thursdays 8:40-9:40pm - Allie (ballet & pointe together)

## Jazz/Contemporary Accelerations

**Level 1** (ages 11 & up) Tuesdays 6:40-7:40pm - Allie Tuesdays 7:50-8:50pm - Allie

**Level 3** (ages 16 & up) Mondays 7:45-8:45pm - Allie

### **Tap Accelerations**

**Level 1** (ages 11 & up) Tuesdays 6:35-7:20pm - Corey Tuesdays 7:45-8:30pm - Corey

**Level 3** (ages 16 & up) Thursdays 7:40-8:40pm - Corey

#### Adult Int/Adv Tap

Thursdays 8:40-9:20pm - Corey

## **Hip Hop Accelerations**

Mondays 8:10-8:55pm - Amanda

Accelerations level classes are for students with extensive dance experience. Level 1 classes are for our intermediate-advanced dancers, and level 2-3 are for our most advanced dancers. The Accelerations level classes will build on dance technique and vocabulary learned in the Explorations level, and the dancers will delve deeper into the "how" and "why" behind the technical skills. The classes will include new elements as well as repetition and review of past skills for mastery, speed, and control. Dancers will work to increase, strength, flexibility, balance, and control. Dancers will be pushed to step outside of their comfort zones, take risks, and be fully committed and focused while in the dance classroom.

## VIRTUAL ONLY CLASSES

These classes are for ONLINE zoom students only & will not have in-person dancers.





Dance FUNdamentals

Combo Class - ballet & jazz

(ages 3. to 5)

Wednesdays 11:15-12:15pm - Corey

This class is an exploration of ballet and jazz/hip-hop, with the focus on FUN! Each class will be centered around and imaginative theme & will encourage proper dance technique plus lots of individuality & creativity!

Dance Elements
Class
tap, ballet & jazz combo
(ages 5-8)

Tuesdays 3-4:10pm - Corey

The dancers will learn the fundamentals of ballet, tap, and jazz/hip-hop, with the focus on FUN! A perfect for dancers who are new to dance or have taken our preschool age dance program - this is the next step in learning proper dance technique!

# SPRING SESSION IN-STUDIO/ZOOM TUITION



## CLASS DATES: APRIL 5 - JUNE 4, 2021

Monday, Saturday, Sunday Classes -- 8 weeks in session Tuesday, Wednesday, Thursday, Friday Classes -- 9 weeks in session

Class Length	8 Week	S 25% OFF	9 Weeks	25% OFF
20-25 minutes	\$94.00	\$70.20	\$ <u>125</u>	\$78.98
30 minutes	\$ <mark>104</mark>	\$78	\$377	\$87.75
40-50 minutes	\$ <mark>15</mark> 6	\$117	\$3.76	\$131.63
60 minutes	\$276	\$154.50	\$231.75	\$173.81
75 minutes	\$248	\$186	\$279	\$209.25
4 hours or more per week per dancer	flat rate of \$432 for session		flat rate of \$432 for session	

ALL STUDENTS CURRENTLY ENROLLED FOR JAN, FEB, OR MARCH WILL RECEIVE 25% OFF THE APRIL-JUNE SESSION!



# POLICIES FOR 2020-2021 SEASON

## **PAYMENT POLICIES**



Payment must be made before the first day of each billing session. We accept cash, checks, Zelle, and credit cards. There will be a \$30 fee for all returned checks. Credit card payments will include a 3% processing fee.

LATE FEES: A \$15 late fee will be applied when an invoice is 15 days late, and an additional \$15 will be charged every 15 days until paid in full.

Partial payment plans can be scheduled with us, and will incur a \$25 fee. but not late fees. To arrange a payment plan, please email or call the studio.

There are no refunds or credits, unless a class or camp is cancelled by us due to lack of enrollment.

Refunds will not be given for missed classes. Missed classes cannot be used as a credit towards the next session. However, we will provide recorded video classes or Zoom links when a student is absent, at your request.

By registering for classes at Movement & Sound Dance LLC, you are agreeing that your enrollment pays for dance instruction from us, no matter if it is in-person or has to transition to online or virtual learning.

## OTHER FEES

Annual Non-Refundable Registration Fee \$42 per family

The annual non-refundable registration fee is charged only once per school year season.

Costume Fees - will be billed at the time of purchase

Recital & Ticket Fees - more information to come



# POLICIES FOR 2020-2021 SEASON

## ATTENDANCE & MAKE-UP POLICIES

Consistent attendance ensures the progression of proper technique training. We understand that sometimes more than one class may need to be missed per session due to illness, school commitments or family events. Please call or text us at 847-404-4133 to advise us of any absences, or log the absence through your Parent Portal.

Refunds cannot be given for missed classes, and missed classes cannot be used as a credit towards the next session. Due to COVID-19 restrictions, we cannot provide in-person make-up options at this time. Dancers may tune in to a Zoom class for a make-up, or may receive a pre-recorded video. Simply email us to request one!

## **PHOTOS & VIDEOS**

Pictures and/or videos may be taken by us while at the studio or during performances. They may be used for promotional purposes and to share progress with the parents' of the dancers in each class.

## WEATHER & FORCE MAJEURE PROVISIONS

The safety of our students, parents, and faculty is of the utmost importance to us. In the case of inclement weather we will follow the closing policies of the schools in the area as well as our own best judgement.

In the event of state regulations demanding that our dance studio closes for inperson classes, we will shift to an online model with zoom classes and recorded video supplements.

No refunds will be given for classes cancelled due to inclement weather or due to any other pandemic or force majeure event, but we WILL provide comparable virtual content.





# POLICIES FOR 2020-2021 SEASON



To help keep our studio as safe as possible, we are limiting the number of dancers allowed in-person in each class. Our front studio can hold up to 9-10 students and our back studio can hold up to 12.

We will require a minimum of 3 students per class for a class to run, but this will be decided on a case by case basis.

## DRESS CODE

#### **Ballet Classes**

Leotard, any color; pink tights; pink ballet shoes (split sole style recommended for ages 9 & up); snug dance shorts or ballet skirt optional; hair pulled back in a neat ponytail or bun

#### Jazz, Lyrical, Contemporary, Tap, Hip Hop Classes

Leotard or form fitting tank top; leggings, dance shorts, and/or tights; no baggy clothing, no bare midriffs; BLACK JAZZ SHOES (slip-on preferred) for jazz & hip hop; DANCE PAWS OR PIROUETTE shoes (skin tone)for lyrical or contemporary; BLACK TAP SHOES for tap; hair pulled back in a neat ponytail or bun

#### **Preschool Age Dance Classes**

Any type of form-fitting dancewear that feels good to the dancer (leggings & tank top, leotard or dance dress with tights, gymnastics unitard); For ballet – PINK BALLET SHOES, with no drawstring; For tap – BLACK TAP SHOES; For jazz – BLACK JAZZ SHOES or BLACK BALLET SHOES; hair pulled back in ponytail

#### **Acro Classes**

Leotard with shorts or leggings - nothing baggy or loose; bare feet

#### Parent-Tot Classes

Children can wear any clothing that is comfortable & easy to move in; they should wear ballet shoes, bare feet. OR socks with grippers on the bottom

#### ALL

no dangly jewelry for any class; in winter warm-ups may be worn for first 10 minutes

MASKS ARE REQUIRED FOR ALL CLASSES, FOR ALL DANCERS 2 & up

