

# MOVEMENT & SOUND DANCE LLC

1388 Busch Parkway, Buffalo Grove IL 60089

847.404.4133

[www.movementandsounddance.com](http://www.movementandsounddance.com)

movementandsounddance@gmail.com

## Guide to Classes

Our schedule can be confusing, with all of the classes, labels, and age ranges! Please take a look at the general guide below, to help you determine which classes you should look for on our schedule. If you would like a personalized schedule with the best options highlighted for your dancer, please let us know and we can send you one!

**If your dancer is interested in being a part of our Dance Companies, please email us immediately for the sign up form, conflict calendar, and our best recommendations for classes and the appropriate rehearsal times.**

**If your dancer is a boy, we recommend any of the classes in any category in the appropriate age range. If you are looking for a BOYS ONLY class, we recommend:**

Bust A Move Boys Only Dance (hip hop based) ages 4-6

Bust A Move Boys Only Dance (hip hop based) ages 7 & up

Boys Only Beginning Tap (ages 4-8)

**If your dancer is under age three, with no prior experience in an independent class, we recommend:**

Mini Movers Parent-Tot (ages 18-36 months)

# MOVEMENT & SOUND DANCE LLC

1388 Busch Parkway, Buffalo Grove IL 60089

847.404.4133

[www.movementandsounddance.com](http://www.movementandsounddance.com)

movementandsounddance@gmail.com

**If your dancer is ages 2-3 years, with prior experience in an independent class and has completed our Mini Movers Class, we recommend:**

On My Own Creative Movement (ages 2-3)

**If your dancer is in 3 year old preschool, 4 year old preschool, pre-K or half day kindergarten, we recommend:**

Books N Ballet

Rockin' Rhythms Tap

Jazzy Jazz & Kid Hop

**If your dancer is entering kindergarten or is a 1<sup>st</sup> or 2<sup>nd</sup> grader who has 0-2 years of dance experience, we recommend:**

Dance Foundations 1 Tap & Jazz Combo Class

Ballet Foundations 1

Tap Foundations 1

Jazz/Kid Hop Foundations 1

Beginning Hip Hop (ages 7 & up)

**If your dancer is a 1<sup>st</sup> through 3<sup>rd</sup> grader who took Dance Foundations 1 last season or has 2-3 years of dance experience, we recommend:**

Dance Foundations 1-2 Tap & Jazz Combo

Dance Foundations 2 Tap & Jazz Combo

Ballet Foundations 1 or 1-2

Ballet Foundations 2 (with prior ballet experience)

Beginning Hip Hop (ages 7 & up)

# MOVEMENT & SOUND DANCE LLC

1388 Busch Parkway, Buffalo Grove IL 60089

847.404.4133

[www.movementandsounddance.com](http://www.movementandsounddance.com)

movementandsounddance@gmail.com

## **If your dancer is a 1<sup>st</sup>-5<sup>th</sup> grader with solid dance experience, we recommend:**

Tap Foundations 2-3

Jazz Foundations 2-3

Ballet Foundations 1-2 or Ballet Foundations 2

Beginning Hip Hop (ages 7 & up)

Lyrical & Contemporary Foundations (ages 7 & up) \* requires a ballet class

## **If your dancer is a 3<sup>rd</sup>-8<sup>th</sup> grader with extensive dance experience, we recommend:**

Tap Explorations 1 or 2

Jazz Explorations 1 or 2

Ballet Explorations 1 or 2

Beginning Hip Hop (ages 7 & up)

Lyrical & Contemporary Foundations (ages 7 & up) \* requires a ballet class

Poms Jazz Technique (ages 11 & up)

Leaps & Turns

# MOVEMENT & SOUND DANCE LLC

1388 Busch Parkway, Buffalo Grove IL 60089

847.404.4133

[www.movementandsounddance.com](http://www.movementandsounddance.com)

movementandsounddance@gmail.com

**If your dancer is an 8<sup>th</sup>-12<sup>th</sup> grader with extensive dance experience, we recommend:**

Tap Accelerations

Jazz/Contemporary Accelerations

Pointe

Leaps & Turns

Modern & Choreography

Improvisations Explorations

Teen Hip Hop (ages 13 & up)

Thank you!