

# MOVEMENT & SOUND DANCE LLC

1388 Busch Parkway, Buffalo Grove IL 60089

847.404.4133

[www.movementandsounddance.com](http://www.movementandsounddance.com)

movementandsounddance@gmail.com

## 2018-2019 *Dance Technique Classes*

**Ready to dance? We are!** At Movement & Sound Dance LLC, we are committed to giving your dancer positive experiences, disciplined learning, and the joy of movement - making friends and memories that will last their lifetimes!

Our classes are cumulative and are meant to be taken for the full academic year. The dancers are invited to participate in our annual Spring Showcase Dance Recital, the weekend of May 31<sup>st</sup>, to present their artistry and technique to their friends and families.

Our dance year is broken into 3 sessions: Session 1, Session 2, and Session 3. See the dates and days off within this brochure.

**ENROLLING NOW! CALL US WITH ANY QUESTIONS!**

*Have you heard?*

*We've got a new home!*

Beginning in fall 2018, we'll be in our new larger space, at 1388 Busch Parkway in Buffalo Grove – just steps away from our old location! We'll have two spacious dance rooms, a private lobby, as well as a homework area for our dancers. If families have children who need to get to gymnastics at BG Gymnastics while another child needs to be at dance, it is no problem! Studio doors will open at least 15 minutes before the first class of each section of the day, and dancers ages 7 & up can be dropped off and wait for their class without a parent.

We are looking forward to dancing in our new home, with you!

*Brand new styles on our schedule!*

Check out our schedules for our classic classes, as well as exciting new offerings, like HIP HOP, LYRICAL, POMS TECHNIQUE, MODERN, CHOREOGRAPHY, and IMPROVISATION!

*For our full class descriptions, our teaching philosophy, and our teacher biographies, please visit our website!*

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## *Bonus Program for Core Technique Classes!* (Ballet, Tap, and Jazz)

With the Technique Bonus program, any dancer enrolled in one Foundations, Explorations, or Accelerations technique class in a certain style may take any other technique class in the same style at his or her level or lower, **FREE of charge**. We hope that this program helps our dancers to challenge themselves to dance to their full potential! **We believe that the more often you dance, the better you get!**

You must register for your Bonus class in person, by email or by calling us; you cannot register for it online. To know which exact classes are available as bonus classes, please check with us. Bonus spots will only be available in classes that do not full have full enrollment with paid students.

\*Bonus class hours do not count towards volume discounts.

## *Natural Progression for Our Dancers*

Our classes are appropriate for any kind of dancer – for the beginner, just starting out; for the child who wants to dance recreationally; and the for the serious student who has goals for dancing in high school or college. We have numerous former students who are a part of a college dance program, as well as numerous current students who also are on their high school dance teams and/or Orchestras programs in addition to dancing with us.

Below is an outline of the natural progression our dancers take. If you have questions about which path is best for your child, please let us know!

**Preschool Age Dancers** – These dancers take one or two 30 minute classes back-to-back. 4 or 5 year olds can elect to do three 30-minute classes in a row.

**Early Elementary Dancers** – These dancers take our Dance Foundations combo classes, and many supplement by adding a ballet class as well. The option of a hip hop class is open to ages 7 & up. Dancers who show passion and enthusiasm for dance also join our Dance Companies.

**Older Elementary & Middle School Dancers** – These dancers take all three core technique classes, in ballet, tap and jazz. Most will supplement with a hip hop, lyrical, or leaps & turns class. Dancers who show passion and enthusiasm for dance also join our Dance Companies.

**High School Dancers** – These dancers take as many classes as their schedules allow, but focus on a weekly or twice-weekly ballet class, a contemporary class, and a tap class. Many supplement with hip hop, leaps & turns, and choreography. Dancers who show passion and enthusiasm for dance also join our Dance Companies.

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## Pricing

Class Length	Session Rate
30 minutes	\$ 80.00
45 minutes	\$ 120.00
60 minutes	\$ 160.00

\* classes with scheduled days off will be pro-rated

## Volume Discounts

Discounts (Hours calculated Per Family)	
company member	5% discount
3-4 hours per week	10% discount
5-7 hours per week	15% discount
8+ hours per week	20% discount

\*discounts may not be combined with any other discount promotions

## Class Card Option

CLASS CARD OPTION -- for high school students & adults

10 Hour Card	\$ 180.00
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The class card is for drop-in students who are not able to enroll in a full session, who are not in the recital.

## Payment Policies

Payment must be made in full at the start of each session. We accept cash, checks, and credit cards. There will be a \$30 fee for all returned checks. Refunds for withdrawal from a class will only be granted prior to the start of the third week per session. A cancellation fee of \$25 will be deducted from the refund if classes have already begun, unless you choose to have your refund applied as a credit towards future classes. If you paid by credit card, an additional \$5 fee will be deducted from the refund. Should you wish to withdraw after the start of the third week of the session, full fees are payable with no refunds or credits. Registration fee is non-refundable. Refunds will not be given for missed classes. Missed classes cannot be used as a credit towards the next session. However, the dancer may do make-up classes in a different class for missed classes.

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## *Additional Payment Policies*

### **Annual Registration Fee ( non-refundable)**

\$30 per family (once a year only) will be automatically added to your Session 1 tuition (or to Session 2 or 3 if we have dancers who are beginning partway through the school year)

### **Recital Costumes**

The Recital Costume charge will be automatically added to the Session 2 tuition bills. If your dancer is in a back-to-back class (like tap and jazz), he or she will wear the same costume for both dances, so only one costume charge. If your dancer has classes on different days, then there will be separate costumes and costume charges.

Recital costume costs are as follows:

Preschool Age Classes - \$45 each

Foundations & Explorations Level Classes - \$50 each

Accelerations Level Classes - \$55 each

### **Recital Fee**

The Recital Fee of \$45 per family will be automatically added to the Session 3 tuition bills. The Recital Fee includes 2 tickets to the recital, a digital download of the show from our professional videographer, as well a recital t-shirt for each dancer in your family who is participating in the recital.

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## *Session Dates and Days Off* – ADJUSTED

### *Billing Session 1* -- September 20<sup>th</sup> through November 24<sup>th</sup>, 2018

Wednesday October 31<sup>st</sup> – Halloween - NO CLASSES ALL DAY

Thanksgiving Break – November 21<sup>st</sup>-23<sup>rd</sup>, 2018

(Class in session on Saturday November 24<sup>th</sup>)

### *Billing Session 2* -- November 26<sup>th</sup>, 2018 through March 16<sup>th</sup>, 2019

No classes on the following dates:

Winter Break --- December 24<sup>th</sup> through January 5<sup>th</sup>

(exception – Friday class in session on January 4)

### *Billing Session 3* -- March 18<sup>th</sup> through June 1<sup>st</sup>, 2019

No classes on the following dates:

Spring Break -- March 23<sup>rd</sup> through March 30<sup>th</sup> (classes resume Monday April 1<sup>st</sup>)

Monday May 27<sup>th</sup> – Memorial Day – NO CLASSES

Tuesday May 28<sup>th</sup> – PICTURE DAY – NO REGULAR CLASSES

Friday May 31<sup>st</sup> – DRESS REHEARSAL

Saturday June 1<sup>st</sup> – RECITAL

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## *Dance Class Policies*

### *attendance policy*

It is imperative for all dancers to maintain consistent attendance to ensure the progression of proper technique training. We understand that sometimes more than one class may need to be missed per session due to illness, school commitments or family events. Please call to schedule your make-up class with us 48 hours in advance, so we can guide you to the most comparable class. Please call or text us to advise us of any absences. Students arriving late to class will miss the class warm-up and run the risk of injury. Students who arrive more than 10 minutes late to class may be asked to observe class rather than participate. This policy is not a punishment but is for the safety of the student.

Refunds will not be given for missed classes and missed classes will not be used as a credit towards the next session. The dancer may do make-up classes in a different class for missed classes.

### *photographs and videos*

Pictures and/or videos may be taken by us while at the studio or performances and used for promotional purposes. Please let us know if you would not like us to use an image or video of your dancer.

### *inclement weather and cancellations*

The safety of our students, parents, and faculty is of the utmost importance to us. In the case of inclement weather we will follow the closing policies of District 214/District 21. Sometimes, poor weather may hit in the afternoon or clear up before our classes are planned to begin. We will always make a decision by 2pm. Emails will be sent out and our website updated accordingly. No refunds will be given for classes cancelled due to inclement weather, however we encourage students to attend make up classes.

### *class size*

Our class sizes for our Preschool and Pre-K classes will be limited to 10 students per class, or 12 with an assistant. Our class sizes for our Foundations classes will be limited to 12 students per class, or 15 students per class with a teacher's assistant. Our class sizes for our Explorations and Accelerations classes will have a maximum of 15 students per class. In some cases, we will require a minimum of 3 students per class, but this will be decided on a case by case basis.

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## *Dress Code*

### *Foundations, Explorations, and Accelerations Ballet Classes*

- Any color leotard
- Pink Ballet Shoes (split sole shoes are preferred for dancers ages 9 & up)
- Pink Tights
- Ballet skirt or snug dance shorts
- Hair pulled back, preferably in a bun
- On cold days, warm-ups may be worn for the first 5 minutes of class, or at the teacher's discretion

### *Dance Foundations Classes & Foundations , Explorations & Accelerations Tap & Jazz*

- Leotard or form fitting tank top – sleeveless tops only, please!
- Dance pants, tights, leggings or dance shorts
- FOR JAZZ CLASS -- Black jazz shoes (slip-on preferred) shoes
- FOR TAP CLASS – Black tap shoes
- No baggy or loose clothing; no school clothes, no jeans, so dresses or skirts that would be worn to school
- No bare midriffs
- Hair pulled back into a ponytail
- On cold days, warm-ups may be worn for the first 5 minutes of class, or at the teacher's discretion

### *Preschool & Pre-K Classes*

- any type of form-fitting dancewear that feels good to the dancer (leotard, dance dress, tights, leggings, tank top)
- No school clothes, please
- pink ballet shoes for ballet, black tap shoes for tap, or black jazz shoes for Jazzy Jazz/Kid Hop
- Hair pulled back into a ponytail
- On cold days, warm-ups may be worn for the first 5 minutes of class, or at the teacher's discretion

### *Lyrical, Contemporary & Modern Classes*

- Leotard, tights (footless, convertible, or stirrup), dance shorts, leggings, and/or snug-fitting tank top
- Dance paws or pirouette shoes – modern classes will be barefoot
- On cold days, warm-ups may be worn for the first 5 minutes of class, or at the teacher's discretion
- Hair pulled back in a ponytail

### *Hip Hop Classes & Boys Classes*

- Athletic clothing or dancewear that is easy to move in – no jeans and no baggy sweatshirts. Boys should wear the footwear listed in the class categories above. Hip hop classes must wear gym shoes SPECIFICALLY for this class – not shoes that are also worn outside.

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## Guide to Classes

Our schedule can be a lot to take in, with all of the classes, labels, and age ranges! Please take a look at the general guide below, to help you determine which classes you should look for on our schedule. If you would like a personalized schedule with the best options highlighted for your dancer, please let us know and we can send you one!

**If your dancer is interested in being a part of our Dance Companies, please email us immediately for the sign up form, calendar, and our best recommendations for classes and the appropriate rehearsal times.**

**If your dancer is a boy, we recommend any of the classes in any category in the appropriate age range. If you are looking for a BOYS ONLY class, we recommend:**

Bust A Move Boys Only Dance (hip hop based) ages 4-6

Bust A Move Boys Only Dance (hip hop based) ages 7 & up

Boys Only Beginning Tap (ages 4-8)

**If your dancer is under age three, with no prior experience in an independent class, we recommend:**

Mini Movers Parent-Tot (ages 18-36 months)

**If your dancer is ages 2-3 years, with prior experience in an independent class and has completed our Mini Movers Class, we recommend:**

On My Own Creative Movement (ages 2-3)

**If your dancer is in 3 year old preschool, 4 year old preschool, pre-K or half day kindergarten, we recommend:**

Books N Ballet

Rockin' Rhythms Tap

Jazzy Jazz & Kid Hop



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**If your dancer is entering kindergarten or is a 1<sup>st</sup> or 2<sup>nd</sup> grader who has 0-2 years of dance experience, we recommend:**

Dance Foundations 1 Tap & Jazz Combo Class

Ballet Foundations 1

Tap Foundations 1

Jazz/Kid Hop Foundations 1

Beginning Hip Hop (ages 7 & up)

**If your dancer is a 1<sup>st</sup> through 3<sup>rd</sup> grader who took Dance Foundations 1 last season or has 2-3 years of dance experience, we recommend:**

Dance Foundations 1-2 Tap & Jazz Combo

Dance Foundations 2 Tap & Jazz Combo

Ballet Foundations 1 or 1-2

Ballet Foundations 2 (with prior ballet experience)

Beginning Hip Hop (ages 7 & up)

**If your dancer is a 1<sup>st</sup>-5<sup>th</sup> grader with solid dance experience, we recommend:**

Tap Foundations 2-3

Jazz Foundations 2-3

Ballet Foundations 1-2 or Ballet Foundations 2

Beginning Hip Hop (ages 7 & up)

Lyrical & Contemporary Foundations (ages 7 & up) \* requires a ballet class

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**If your dancer is a 3<sup>rd</sup>-8<sup>th</sup> grader with extensive dance experience, we recommend:**

Tap Explorations 1 or 2

Jazz Explorations 1 or 2

Ballet Explorations 1 or 2

Beginning Hip Hop (ages 7 & up)

Lyrical & Contemporary Foundations (ages 7 & up) \* requires a ballet class

Poms Jazz Technique (ages 11 & up)

Leaps & Turns

**If your dancer is an 8<sup>th</sup>-12<sup>th</sup> grader with extensive dance experience, we recommend:**

Tap Accelerations

Jazz/Contemporary Accelerations

Pointe

Leaps & Turns

Modern & Choreography

Improvisations Explorations

Teen Hip Hop (ages 13 & up)

Thank you!

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## Registration Form

Child's Name \_\_\_\_\_

Address, City, Zip \_\_\_\_\_

Child's Birthday \_\_\_\_\_

Parents' Names \_\_\_\_\_

Parents' Phone # (Home) \_\_\_\_\_ (Cell) \_\_\_\_\_

Parent's Email Address \_\_\_\_\_

Class/Day/Time \_\_\_\_\_ \$ Fee

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<b>ANNUAL REGISTRATION FEE</b>	<b>\$ 30</b>
<b>SUBTOTAL</b>	<b>\$</b>
<b>DISCOUNTS</b>	<b>\$ -</b>
<b>TOTAL</b>	<b>\$</b>

Please make checks payable to Movement & Sound Dance LLC

CC# \_\_\_\_\_ Exp \_\_\_\_\_ CVC \_\_\_\_\_

Signature \_\_\_\_\_

Movement & Sound Dance LLC  
1388 Busch Pkwy  
Buffalo Grove, IL 60089

Please fully complete and sign the Participant Waiver on the back side of this form. Thank you!

## Participant Waiver

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I/We, on our own behalf and as the guardian of

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hereby release Movement & Sound Dance LLC, its agents and employees from all liability in respect to personal injury, illness, or property damage that may be incurred, occurring on or off of the classes' premises. In the event that I cannot be reached in an emergency involving the above named participant, I hereby give permission to the appropriate medical personnel selected by the program leader to provide medical treatments deemed necessary by such personnel.

I certify that my child is in good health and capable of participating in all class activities. I hereby give permission for Movement & Sound to take photographs for the promotional use of the business.

Parent/Guardian Name(printed)\_\_\_\_\_

Parent/Guardian Signature\_\_\_\_\_

Date\_\_\_\_\_

list any allergies or medical conditions below: