2019-2020 Dance Classes!

Ready to dance? We are! At Movement & Sound Dance LLC, we are committed to giving your dancer positive experiences, disciplined learning, and the joy of movement - making friends and memories that will last their lifetimes!

Our classes are cumulative and are meant to be taken for the full academic year. Sometimes our dancers begin mid-session, but for the optimal dance experience, we recommend beginning in September. Our dancers are invited to participate in our annual Spring Showcase Dance Recital, the weekend of May 23rd, to present their artistry and technique to their friends and families.

Our dance year is broken into 3 billing sessions, each with 11 weeks of dance classes. See the following pages of this brochure for Session Dates and Days Off. Classes begin September 3rd!

VIP online registration for current students OPENS JULY 3rd!

Online registration for all new students OPENS JULY 15th!

https://dancestudio-pro.com/online/movementandsound

Refer-A-Friend Program

Word of mouth from wonderful dance families like you is our best advertisement! For this reason, we are happy to keep promoting our Refer-A-Friend program! When you refer a new student to our studio and they register for classes, you will receive $10 towards the following billing session – and so will they! Find the Refer-A-Friend form at the end of this packet (must be submitted to earn the credit).
Natural Progression for Our Dancers

Our classes are appropriate for any kind of dancer – for the beginner, just starting out; for the child who wants to dance recreationally; and for the serious student who has goals for dancing in high school or college. We have numerous former students who are a part of a college dance program, as well as many current students who also are on their high school dance teams and/or Orchesis programs, while still taking class at Movement & Sound.

Below is an outline of the natural progression our dancers take. If you have questions about which path is best for your child, please send us an email!

**Preschool Age Dancers** – usually take one or two 30 minute classes back-to-back. 4 or 5 year olds may elect to do three 30-minute classes in a row.

**Early Elementary Dancers** – usually participate in our Dance Foundations combo classes, with the option of adding a ballet class as well. The option of a hip hop class is open to ages 6 & up. Dancers who show passion and enthusiasm for dance also join our Dance Companies.

**Older Elementary & Middle School Dancers** – usually take all three core technique classes, in ballet, tap and jazz. Most will also add a hip hop, lyrical, or leaps & turns class. Dancers who show passion and enthusiasm for dance also join our Dance Companies.

**High School Dancers** – usually take as many classes as their schedules allow, but focus on a weekly or twice- weekly ballet class, a contemporary class, and a tap class. Dancers who show passion and enthusiasm for dance also join our Dance Companies.

For detailed descriptions of our classes; for our teaching philosophy; and for our teacher biographies, please visit our website!
Class Fees

30 minute class: $88 per 11 week billing session

45 minute class: $132 per 11 week billing session

60 minute class: $176 per 11 week billing session

Dance Bonus Discount Program!

We believe that the more often you dance, the better you get – and the more fun you have! To reward our dance families and dancers for their dedication to their craft, we have revamped our dance bonus discount program to give you even more value and flexibility! The new program will allow our dancers to take multiple classes in the same discipline, as well as mix-and-match new styles.

When you register, the online software will automatically calculate your discount, per dancer. The discounts are calculated by the number of hours your dancer takes class, per week. Check it out!

PER DANCER

| 1.25 hrs per week = 4% off | 3 to 3.5 hrs per week = 10% off |
| 1.5 to 2 hrs per week = 5% off | 3.75 hrs per week = 15% off |
| 2.25 to 2.75 hrs per week = 7% off | 4 hrs per week = 18% off |

BONUS: The MAX fee per dancer is the 4 hours per week (with 18% off)! Any classes OVER the four hour limit are COMPLETELY FREE!
Class Cards and Drop In Classes

10 Hour Card $ 185.00

The class card is for drop-in students ages 13 & up who are not able to enroll in a full session and who are not in the recital. The class card expires one year after purchase. Call us or stop in to the studio to purchase a class card!

Payment Policies

Payment must be made before the first day of each billing session. We accept cash, checks, and credit cards. There will be a $30 fee for all returned checks. Credit card payments will include a 2% processing fee, unless you enroll in AutoPay, beginning in Session 2.

Late Fees: A $15 late fee will be applied when an invoice is 15 days late, and an additional $15 will be charged every 15 days until paid in full. Partial payment plans can be scheduled with us, and will incur a flat $5 fee but not late fees.

Refunds for withdrawal from a class will only be granted prior to the start of the third week per session, and request for withdrawal must be sent via email prior to the start of the third week of the session. A cancellation fee of $25 will be deducted from the refund if classes have already begun, unless you choose to have your refund applied as a credit towards future classes. If you paid by credit card, an additional $5 fee will be deducted from the refund. Should you wish to withdraw after the start of the third week of the session, full fees are owed and there will be no refunds or credits.

Refunds will not be given for missed classes. Missed classes cannot be used as a credit towards the next session. However, the dancer may do make-up classes in a different class for missed classes.

AutoPay

Make your life easier and register for AutoPay (on your Parent Portal)! AutoPay payments will have NO credit card processing fee. You will only be billed at the start of each new billing session.
Other Costs

**Annual Registration Fee**

$35 for the first child and $5 for each additional child

The annual registration fee is only charged once per school year season. Save money on this by earning credits for referring friends through our Refer-A-Friend program!

**Recital Fee**

The Recital Fee of $47 per family will be automatically added to the Session 3 tuition bills. The Recital Fee includes two tickets to our Spring Showcase Dance Recital; a digital download of the performance by our professional videographer; as well as a commemorative recital t-shirt (shirt for the first child is included in the fee, and shirts for each additional child in the family is $5 each).

**Recital Costume Costs**

The Recital Costume charge will be automatically added to the Session 2 tuition bills. If your dancer is in a back-to-back class (like tap and jazz), he or she will wear the same costume for both dances, so only one charge. If your dancer has classes on different days, then there will be separate costumes and costume charges.

- Preschool Classes - $46 each
- Foundations Level Classes - $51 each
- Explorations Level Classes - $53 each
- Accelerations Level Classes - $56 each
Billing Session Dates and Days Off

**Session 1 ---** September 3rd through November 23rd, 2019

No classes on: Monday September 2nd (Labor Day); Tuesday & Wednesday October 8 & 9 (Yom Kippur); Thursday October 31st (Halloween)

Thanksgiving Break (no classes) – November 24th through December 1st

**Session 2 ---** December 2nd, 2019 through February 29, 2020

No classes during Winter Break: December 21st through January 5th

**Session 3 ---** March 2nd through May 23rd, 2020

No classes during Spring Break: March 21st through March 29th; April 10th (Good Friday)

RECITAL WEEK - May 18th through May 23rd – all dancers will have rehearsals and performances during these dates. Detailed rehearsal and recital times will be distributed in March.
Dance Class Policies

**attendance policy** It is imperative for all dancers to maintain consistent attendance to ensure the progression of proper technique training. We understand that sometimes more than one class may need to be missed per session due to illness, school commitments or family events. Please call to schedule your make-up class with us 48 hours in advance, so we can guide you to the most comparable class. Please call or text us to advise us of any absences. Students arriving late to class will miss the class warm-up and run the risk of injury. Students who arrive more than 10 minutes late to class may be asked to observe class rather than participate, for the safety of the student.

Refunds will not be given for missed classes, and missed classes will not be used as a credit towards the next session. The dancer may do make-up classes in a different class for missed classes.

**photographs and videos** Pictures and/or videos may be taken by us while at the studio or performances and used for promotional purposes.

**inclement weather and cancellations** The safety of our students, parents, and faculty is of the utmost importance to us. In the case of inclement weather we will follow the closing policies of District 214/District 21. Sometimes, poor weather may hit in the afternoon or clear up before our classes are planned to begin. We will always make a decision by 2pm. Emails will be sent out and our website updated accordingly. No refunds will be given for classes cancelled due to inclement weather, however we encourage students to attend make up classes.

**class size** Our class sizes for our Preschool classes will be limited to 15 students per class. Our class sizes for our Foundations classes will be limited to 15 students per class, or 18 students per class with a teacher's assistant. Our class sizes for our Explorations and Accelerations classes will have a maximum of 18 students per class. In some cases, we will require a minimum of 3 students per class for a class to run, but this will be decided on a case by case basis.
**Dress Code**

**Ballet Classes**
Leotard, any color  
Pink tights  
Pink ballet shoes (split sole style recommended for ages 9 & up)  
Snug dance shorts or ballet skirt is optional  
Hair pulled back in a neat ponytail or bun

**Jazz, Lyrical, Contemporary, Tap, Foundations, and Hip Hop Classes**
Leotard or form fitting tank top  
Leggings, dance shorts, and/or tights  
No baggy clothing, no bare midriffs  
For Jazz & Hip Hop – BLACK JAZZ SHOES (slip-on preferred)  
For Lyrical or Contemporary – DANCE PAWS OR PIROUETTE shoes (skin tone)  
For Tap – BLACK TAP SHOES  
Hair pulled back in a neat ponytail or bun

**Preschool Age Dance Classes**
Any type of form-fitting dancewear that feels good to the dancer (leggings & tank top, leotard or dance dress with tights, gymnastics unitard)  
For ballet – PINK BALLET SHOES, with no drawstring  
For tap – BLACK TAP SHOES  
For Jazzy Jazz – BLACK JAZZ SHOES or BLACK BALLET SHOES

**Acro Classes**
Leotard with shorts or leggings – nothing baggy or loose  
Bare feet
2019-2020 Class Schedule, divided by Age Groups

Parent-Tot Classes

These classes require the participation of a grown-up for each dancer. They are a great way to have fun and bond with your little one, and they are also a stepping stone for kids who are not comfortable being without a parent yet.

Tummy Time & Toddler Dance (6-18 months)
Fridays from 11:30am-12pm

Mini Movers Parent-Tot Dance (18-36 months)
Tuesdays from 9:45-10:15am
Tuesdays from 6:30-7pm *combined with On My Own
Wednesdays from 9:15-9:45am
Thursdays from 9:30-10am
Saturdays from 9-9:30am

Dance for Twos and Young Threes

The On My Own Creative Movement class is geared towards students who have either participated in our Mini Movers classes or have experienced an independent classroom setting, like preschool or gymnastics. The dancers will stay in this level for a full school year, and the class will grow in difficulty as the kids progress. We begin with creative movement, learning dance and ballet basics in a developmentally appropriate way through play and the use of imagination. Beginning in January or February, we begin to introduce the basics of tap dance as well in the 45 minute classes, and the dancers must purchase tap shoes at that time.

On My Own Creative Movement (2-3.5 years old)
Tuesdays from 6:30-7pm --- this time slot is blended with a Mini Movers
Wednesdays from 9:45-10:30am
Thursdays from 11-11:45am
Fridays from 10:45-11:30am

**Preschool Age Dance - Ballet, Tap, and Jazz**

These classes are ideal for dancers who are 3-5.5 years old! Most of our 3 year old dancers choose to take two classes back to back, and many of our 4 and 5 year old dancers take three classes in a row. All of the classes are age and developmentally appropriate, using imagination-based themes to fuel both learning and dance technique.

**Tuesdays**
10:15-10:45am – Books N Ballet (ages 3-5)  
10:45-11:15am – Rockin’ Rhythms Tap (ages 3-5)  
11:15-11:45am – Jazzy Jazz & Kid Hop (ages 3-5)  
2-2:30pm – Jazzy Jazz & Kid Hop (ages 4-6)  
2:30-3pm – Rockin’ Rhythms Tap (ages 4-6)

**Wednesdays**
10:30-11am – Jazzy Jazz & Kid Hop (ages 3-5)  
11-11:30am – Rockin’ Rhythms Tap (ages 3-5)  
11:30-12pm – Books N Ballet (ages 3-5)  
1:15-1:45pm – Rockin’ Rhythms Tap (ages 4-6)  
1:45-2:15pm – Jazzy Jazz & Kid Hop (ages 4-6)

**Thursdays**
10-10:30am – Books N Ballet (ages 3-5)  
10:30-11am – Rockin’ Rhythms Tap (ages 3-5)  
1:15-1:45pm – Jazzy Jazz & Kid Hop (ages 3.5 & up)  
1:45-2:15pm – Rockin’ Rhythms Tap (ages 3.5 & up)  
2:15-2:45pm – Books N Ballet (ages 3.5 & up)

**Fridays**
1:15-1:45pm – Jazzy Jazz & Kid Hop (ages 3-5)  
1:45-2:15pm – Rockin’ Rhythms Tap (ages 3-5)  
2:15-2:45pm – Books N Ballet (ages 3-5)  
4:15-4:45pm – Books N Ballet (ages 3-5)

**Saturdays**
9:30-10:15am – Books, Ballet N Tap Combo (ages 2.5-5)

**Foundations Level Classes - Ballet, Tap, Jazz, Lyrical, Hip Hop, Acro**

The Foundations level classes are geared towards dancers in kindergarten through 4th grade, and the numerical level of each class correlates to the dancer’s age in addition to their amount of dance experience. All of our classes are co-ed, with the exception of the ones marked Boys Only. The max age for each class below is only a guideline.

**Dance Foundations Combo Class (tap and jazz)**
Tap and jazz dance are both important building blocks in dance education – they provide lessons in coordination, sequencing, strength and musicality, and they move at a pace that keeps younger dancers engaged and excited.

Mondays from 5:45-6:45pm – Dance Foundations 1-2 (ages 5-8)
Tuesdays from 4:15-5:15pm – Dance Foundations 1 (ages 5-7)
Wednesdays from 3:15-4:15pm – Dance Foundations 1-2 (ages 5-8)
Wednesdays from 5-6pm – Dance Foundations 2 (ages 6-9)
Thursdays from 3:15-4:15pm – Dance Foundations 1-2 (ages 5-8)
Thursdays from 4:30-5:30pm – Dance Foundations 1-2 (ages 5-8)
Fridays from 4:30-5:30pm – Dance Foundations 1-2 (ages 5-8)
Saturdays from 9-10am – Dance Foundations 2 - (ages 6-9)

**Tap & Jazz Foundations Classes**
These classes are for dancers who have already taken 1 or 2 years of Dance Foundations, or a comparable class.

Tuesdays from 5:15-5:45pm – Tap Foundations 3-4 (ages 7-11)
Tuesdays from 5:45-6:30pm – Jazz Foundations 3-4 (ages 7-11)

Thursdays from 4:15-4:45pm – Tap Foundations 3 (ages 7-11)
Thursdays from 4:45-5:30pm – Jazz Foundations 3 (ages 7-11)

Fridays from 4:45-5:30pm – Jazz Foundations 2-3 (ages 6.5 -10)
Fridays from 5:30-6pm – Tap Foundations 2-3 (ages 6.5-10)
Hip Hop Foundations Classes
Our hip hop is age and developmentally appropriate, with kid friendly music and choreography. We encourage our dancers to take hip hop in addition to other styles.

Mondays from 5:15-5:45pm – Hip Hop Foundations 1 (ages 6-7)
Mondays from 6:45-7:30pm – Hip Hop Foundations 2 (ages 7.5-11)
Fridays from 6-6:45pm – Hip Hop Foundations 1-2 (ages 6-11)

Ballet & Lyrical Foundations Classes
Ballet is the backbone of many styles of dance, and helps dancers build strength and proper dance technique. We encourage our dancers to take ballet in addition to their other Foundations classes.

Tuesdays from 4:30-5:15pm – Ballet Foundations 1-2 (ages 5-9)
Wednesdays from 4:15-5pm – Ballet Foundations 1-2 (ages 5-9)
Wednesdays from 5-6pm – Ballet Foundations 3-4 (ages 7.5-11)
Thursdays from 4-4:30pm – Ballet Foundations 1 (ages 5-8)
Saturdays from 10:15-11am – Ballet Foundations 1-2 (ages 5-9)

Wednesdays from 6-6:45pm – Lyrical/Contemporary Foundations 2 (ages 7-11)
*must be taken in conjunction with a Ballet Foundations class

Boys Only Classes
The Bust A Move class blends elements of hip hop, basic jazz dance, and athletic-based motor skills, and Boys Tap explores rhythm, musicality, and patterning through tap dance.

Mondays from 4:15-4:45pm – Boys' Bust A Move 1 (ages 4-6)
Mondays from 4:45-5:15pm – Boys' Beginning Tap (ages 4-6)
Mondays from 5:45-6:15pm – Boys' Tap 2 (ages 7-11)
Mondays from 6:15-7pm – Boys' Bust A Move 2 (ages 6.5-11)

Acro & Tumbling Classes
Mondays from 4:15-5pm – Acro & Tumbling (ages 4.5-7)
Mondays from 5-5:45pm – Acro & Tumbling (ages 8 & up)
Explorations and Accelerations Level Classes

The Explorations and Accelerations level classes are for dancers with significant dance training, ages 9 & up. These dancers are encouraged to take as many classes as possible and take advantage of the unlimited classes available through the Dance Bonus Discount program.

Ballet and Pointe
Tuesdays from 6:45-7:45pm – Ballet Explorations 3 (ages 9 & up)
Wednesdays from 7-8pm – Ballet Explorations 2 (ages 9 & up)
Wednesdays from 7-8pm – Ballet Accelerations 2-3 (ages 14 & up)
Wednesdays from 8-8:30pm – Pointe 1-2 (ages 14 & up)
Saturdays from 11am-12pm – Ballet Accelerations 2-3 (ages 14 & up)
Saturdays from 12-12:30pm – Pointe 1-2 (ages 14 & up)
Saturdays from 10-11am – Ballet Accelerations 3 (ages 17 & up)
Saturdays from 11-11:30am – Pointe 2 (ages 17 & up)

Tap & Jazz/Contemporary
Tuesdays from 5:15-6pm – Jazz/Contemporary Explorations 2-3 (ages 9 & up)
Tuesdays from 7:45-8:30pm – Tap Accelerations 2 (ages 14 & up)
Tuesdays from 8:30-9:45pm – Jazz/Cont Accelerations 2-3 plus rehearsal (ages 14 & up)
Tuesdays from 7:45-8:30 – Jazz/Contemporary Accelerations 3-4 (ages 17 & up)
Tuesdays from 8:30-9:15pm – Tap Accelerations 3 (ages 17 & up)
Thursdays from 5:30-6:15pm – Tap Explorations 2 (ages 9 & up)
Thursdays from 5:30-6:15pm – Jazz/Contemporary Explorations 3 (ages 10 & up)
Thursdays from 7-7:45pm – Tap Explorations 3 (ages 10 & up)
Thursdays from 7-7:45pm – Jazz/Contemporary Explorations 2 (ages 9 & up)
Thursdays from 8:30-9:30pm - Jazz/Contemp Explorations/Accel (ages 13 & up)
Saturdays from 12:30-2pm – Jazz/Contemp Accelerations 2-3 plus rehearsal (ages 14+)

Hip Hop, Modern, & More
Mondays from 7:30-8:15pm – Dance Team Skills & Drills (ages 12 & up)
Mondays from 7:45-8:15pm – Pilates-based Stretch & Strengthen (ages 10 & up)
Mondays from 8:15-9pm – Teen Hip Hop (ages 10 & up)
Mondays from 9-9:45pm – Advanced Hip Hop (ages 14 & up with experience)
Wednesdays from 8-8:30pm – Leaps & Turns 1-2 (ages 8 & up)
Wednesdays from 8:30-9:15pm – Modern & Choreography (ages 13 & up)
Fridays from 6:15-7pm – Leaps & Turns 2-3 (ages 12 & up)
Company Rehearsals

If your dancers is part of our student dance company, Moxie & Amplify, rehearsal times will be officially set near the middle of August, as we still have another Placement Class on August 16th. The dancers will have the opportunity to perform in various dances, and each family can choose the quantity that works for them. The rehearsals for these dances may share a time slot, or they may fall on different days. We tried to coordinate rehearsal times on days with either the required ballet or tap and jazz classes. Please email us, and we can give you the best estimate for what your dancer’s rehearsal time will be. Here they are below:

- Tuesdays from 6-6:45pm – JAZZ rehearsal (ages 11 & up)
- Tuesdays from 7-7:45pm – TAP rehearsal (ages 14 & up)
- Tuesdays from 8:30-9:45pm – JAZZ/CONTEMP rehearsal in conjunction with class (14+)
- Tuesdays from 9:30-10pm – TAP rehearsal (ages 17 & up)
- Wednesdays from 4:15-4:45pm – JAZZ rehearsal (ages 5-7)
- Wednesdays from 6-7pm – LYRICAL rehearsal (ages 9 & up)
- Thursdays from 6:15-7pm – JAZZ and TAP rehearsal (ages 7-11)
- Thursdays from 7:45-8:30pm – JAZZ and TAP rehearsal (ages 9-15)
- Thursdays from 7:45-8:30pm – JAZZ and TAP rehearsal (ages 9-15)
- Fridays from 5:30-6:15pm – HIP HOP rehearsal (ages 10-15)
- Saturdays 11:30-1:15pm – JAZZ and CONTEMPORARY rehearsal (ages 17 & up)
- Saturdays 12:30-2pm -- JAZZ/CONTEMP rehearsal in conjunction with class (14+)

Adult Classes

- Mondays from 7-7:45pm – Adult Beginning Tap & Jazz
- Mondays from 7:45-8:15pm – Pilates-based Stretch & Strengthen

*Mini Sessions of adult classes at other times will also be held throughout the year. Email us with your suggestions!
MOVEMENT & SOUND DANCE REFER-A-FRIEND PROGRAM!

Receive a $10 credit towards your tuition for every friend you refer who registers for class, and your friend will receive a $10 credit too! There is no limit to the number of friends you refer!

Hand this form out to your friends and invite them to try a class with us today!

YOUR NAME

__________________________

YOUR EMAIL

__________________________

FRIEND'S NAME

__________________________

FRIEND'S EMAIL

__________________________

FORM MUST BE SUBMITTED WITH NEW STUDENT'S REGISTRATION & FRIEND MUST BE A BRAND NEW STUDENT TO MOVEMENT & SOUND DANCE. Credits will be applied to the following billing session.

www.movementandsounddance.com